

Strengthening Families  
A Protective Factors Framework

---

C O N N E C T I C U T

**The CT Children Trust Fund “Community” Strengthening Families  
Trainings available:**

**Community Café** A series of guided conversations based on the Strengthening Families Protective Factors Framework leadership development and parent partnership. The World Café techniques increase community wisdom, build parent voice and facilitate action to improve lives for children.

*The Help Me Grow Campaign:* During 2013 and 2014 will host a statewide public awareness and outreach Campaign that will be conducted to raise awareness of early brain development and promote universal developmental surveillance and screening in Connecticut. Help Me Grow will integrate the Strengthening Families Approach and the Protective Factors framework into its Help Me Grow Campaign through Community Café’s that will be conducted during the summer of 2014. Families will gather in café- like settings to have meaningful conversations about early brain development and the need for universal development surveillance strengthening the Protective Factors in the process. If you are interested in being part of the community café’s contact Deborah Watson Connecticut Strengthening Families Coordinator Phone: 860.424.5687 Email: [deborah.watson@ct.gov](mailto:deborah.watson@ct.gov)

**ASQ 3** An assessment tool that helps parents provide information about the developmental status of their young child across five developmental areas: communication, gross motor, fine motor, problem solving and personal social.

**ASQ SE** A first level screening tool that is designed to identify children who may be at risk for social or emotional difficulties.

**Strengthening Families Self-Assessment** Training on the online Strengthening Families self-assessment tool, online Protective Factor survey and an online staff survey tool.

**Strengthening Families 101** An introduction to Strengthening Families, the protective factors and how to incorporate the protective factors in every day agency and programmatic practice.

**The Period of Purple Crying:** The “Period of Purple Crying” shaken baby syndrome prevention training assists parents and caregivers to understand the crying stages that many infants go through to help prevent shaken baby syndrome.

**Family Development Credential (80 hour training)** The Family Development Credentialing (FDC) Program is a professional development course and credentialing program for frontline family workers to learn and practice skills of strength-based family support with families. To earn the FDC, a worker:

- Completes **90 hours** of interactive classroom instruction and portfolio advisement based on the *Empowerment Skills for Family Workers* curriculum;
- Prepares a **Skills Portfolio** with support of a portfolio advisor; and

- Pass a state **credentialing exam**
- College Credits are available through completion of course, passing exam and portfolio

**Family Development Leadership Training** FDC Leadership course is a 35-hour community-based series and credentialing program open to agency leaders interested in using principles and practices of family development within their agencies.

**Help Me Grow Statewide Networking meetings** (2013 Calendar attached)

Questions please contact:

Deborah Watson

Connecticut Strengthening Families Coordinator

Phone: 860.424.5687 Email: [deborah.watson@ct.gov](mailto:deborah.watson@ct.gov)